Market Update: April 29, 2024



"Canadian Grown"

Gala Apples, Honeycrisp apples, Paula Red Apples, Mac Apples, Ginger gold Apples, Beets, Cabbage, Celery Root, Cucumber English, Mushrooms, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, White, Russet), Hot house tomatoes

Apples

Washington Gala, Red Delicious, Granny smith are available very hot Deal please reach out to your sales rep.

Local apples available: Mac, Gala, Honeycrisp, Empire, Courtland, Crispin

Pears

Bartlett are product of Argentina, Bosc and Anjou are special order,

Melons

Alert Cantaloupes are from Guatemala very limited this week, honeydews are product of Costa Rica, and Watermelons are product Mexico Grapes

Alert Red and Green Grapes are product of Peru/South African, Cost has come down

Kiwi

Green Kiwi product of New Zealand, Golden Kiwi is now available Special Order.

Mangoes

Mangoes Product of Mexico, ataulfo Mangoes are available from Mexico

Oranges

88 and 113 oranges are product of Egypt, Excellent taste

Lemons

Product of USA/South Africa Quality is excellent on both 115 and 30 count Lemons

Limes

Product of Mexico, both 48 and 230 count

Pineapple

Alert Product of Costa Rica, Cost going up, Product Limited

Blackberries/Raspberries/Blueberries

Alert Raspberries are product of Mexico

Blackberries are product of Mexico ½ pints this week

Blueberries are product of Peru, we are now into Full Pints

Strawberries

Product of California/Mexico

Bananas

Product from Costa Rica and Ecuador, Plantain (Green and yellow) are SPO

Stone fruit

Alert Stonefruit is SPO, Season is now finished, Mexican Season Starting Soon

Avocados

Alert Product of Mexico, Both 12's and 48's are available

Good Buys for the Week!

Limes 48's
Lemon 30's
Gala Apples
Red Delicious Apples
Navel 88 Oranges
Strawberries
English Cucumbers
USA Corn

Broccoli

Alert Broccoli 18s, Broccoli Crowns are product of USA and Mexico, Cost on the Rise

Cauliflower

Alert Product of USA/Mexico, Cost on the Rise

Cabbage

Local Red and Green Cabbage are now available, Savoy Cabbage is SPO

Eggplant

Eggplant product of Mexico

Brussels Sprout

Product from USA/Mexico

Asparagus

Alert 11lb Asparagus is now finished for the year, we are switching into 28lb Washington product 281137

Beans

Green Beans are product of Mexico, Cost coming down

Peppers

Local Red, Yellow and Orange, Rainbow are product of Ontario, Green Peppers are product of USA, Cost coming down

Bunches

Alert Kale, Chards, Bunched Radishes, Collard, Dandelion are now Product of USA, Cost on the Rise

Celery

Product of USA

Seedless Cucumbers

Local Greenhouse Ontario English cucumbers, Cost has come down

Lettuce & Greens

Alert shortages in product availability currently, leading to higher cost in product

Processed Lettuce

Alert Product is now from Salinas, Cost is on the rise for all process products

Hot House & Vine tomatoes

Local Product of Canada, Red Tomatoes on the Vine, and heirloom tomatoes are currently SPO

Tomatoes

Grape Tomatoes/ Mix Medley/Heirloom Tomatoes are product of Mexico,

Alert Round Tomatoes are Product of USA. Cost on the Rise

Onion/ Carrots

Red, Spanish, White, Sweet and cooking Onions are Product of USA, Green onions are Mexican Carrots are product of Mexico, we also have available 2lb and 5lb carrots

Sauash

Alert Butternut, Acorn/Pepper, Spaghetti, Buttercup are product of Mexico

Corn

Corn is product of USA. Cost has come down

Zucchini

Green and yellow product of Mexico, zucchini flowers SPO, Cost coming down

Potatoes

Canadian currently carrying Bud the Spud Russets and Yukon gold potatoes, Mini "B" white and red Potatoes also available

